

Who are we?

We are a specialist team. We are here to support young parents throughout Glasgow including:

- young women who are pregnant and have children while still at school
- older teenagers who have left school
- teenage fathers.



Anne

Laura

Lyanna

Dave

Leanne

Jill

Young Parents' Support Base

Supporting Teenage Parents in Glasgow



What do we do?

We can offer you a range of opportunities to support you as a person and as a parent. Everyone's needs are different. We can offer a programme to suit your needs. Some young mothers require educational support while others prefer to stay in their own school.

- Positive Parenting courses and advice.
- Understanding child development.
- Ante and Post Natal Health advice, for example, caring for baby and breast feeding.
- Positive personal choice activities for example, relationships and sexual health.



Our aims

Improve young parents' knowledge, skills and understanding around a range of child-development issues.

Support young people to grow and develop, and to adapt to their changing circumstances.

Assist family members and professionals to respond positively to young people's changing circumstances.

Encourage young people to continue or to re-engage with learning.

Provide opportunities for peer support and learning to prevent social isolation and promote positive mental health.

Yes we can help

- Are you pregnant and still at school?
- Do you need some help or guidance?
 - Have you recently left school and would like help with caring for your baby?
 - Would you like to continue with your education ?

0141 770 8452

You can

Access our support if you:

- Are of school age
- Have left school but feel you would benefit from some advice and guidance on parenting issues
- Want to meet other young parents

To find out more, you or your parent or guardian can:

- Phone the base directly
- Talk to your pastoral care teacher or social worker.



Supporting Teenage Parents in Glasgow



Contact details

Young Parents' Support Base

0141 770 8452

Smithycroft Secondary School
282 Smithycroft Road
Glasgow, G33 2QU.

Email UnitHead@ypsb.ea.glasgow.sch.uk



The team

Dave Smeaton **Base Co-ordinator**
Laura Craig **Team Leader**
Leanne Graham **Child Development Officer**
Lyanna McGinlay **Child Development Officer**
Anne Flynn **Social Care Worker**
Laura Coltart **Link Midwife**
Nicola Dalbeck **Clerical Support**



www.smithycroft-sec.glasgow.sch.uk

Young Parents' Support Base